

## PIMPERNE PRIMARY SCHOOL – Physical Education OVERVIEW

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Reception</b>	CORE SKILLS GYMNASTICS	CORE SKILLS DANCE	CORE SKILLS BALL SKILLS	GYMNASTICS	DANCE	BALL SKILLS
<b>Year 1</b>	MULTISKILLS – Throwing and Catching  DANCE – AFRICAN ANIMALS	INVASION GAMES  GYMNASTICS	INVASION GAMES Attacking & defending HEALTH & FITNESS - YOGA	MULTI-SKILLS Running and Jumping	STRIKING & FIELDING Cricket GYMNASTICS	NET & WALL Tennis DANCE
<b>Year 2</b>	MULTISKILLS – Throwing and Catching  DANCE - SPACE	INVASION GAMES  GYMNASTICS	INVASION GAMES Attacking & defending HEALTH & FITNESS – YOGA	MULTISKILLS Running and jumping	STRIKING & FIELDING Cricket GYMNASTICS	NET & WALL Tennis DANCE
<b>Year 3</b>	DANCE - Stoneage  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	GYMNASTICS INVASION GAMES - Fundamentals <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	HEALTH & FITNESS  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	NET & WALL – TENNIS INVASION GAMES (Pop Lacrosse) <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	ATHLETICS OAA  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	STRICKING & FEILDING – CRICKET  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)
<b>Year 4</b>	DANCE – Romans INVASION GAMES <b>SWIMMING</b> <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	GYMNASTICS  <b>SWIMMING</b> <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	HEALTH & FITNESS INVASION GAMES (Handball) <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	NET & WALL – TENNIS  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	ATHLETICS  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	STRIKING & FIELDING OAA  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)
<b>Year 5</b>	DANCE - Vikings  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	GYMNASTICS INVASION GAMES (Tag rugby)  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	HEALTH & FITNESS  <b>SWIMMING</b> <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	NET & WALL – TENNIS INVASION GAMES (Ultimate Frisbee) <b>SWIMMING</b> <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	ATHLETICS  OAA  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	STRICKING & FEILDING – Rounders  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)
<b>Year 6</b>	DANCE INVASION GAMES (Tag rugby) <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	GYMNASTICS  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	HEALTH & FITNESS INVASION GAMES (Netball) <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	NET & WALL – TENNIS  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	ATHLETICS  <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)	STRIKING & FIELDING - Rounders OAA <b>HOUSE SPORTS</b> (Competition, team work, leadership & responsibility)