

Key Concept	EYFS – All units	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Net and Wall Tennis	<p>Hit a ball using the palm of the hand</p> <p>Roll an object with one hand towards a target</p> <p>Throw an object underarm</p> <p>Stop a rolling ball with two hands</p> <p>Follow simple rules</p>	<p>Hit a ball with a racket/bat</p> <p>Return a ball to a partner using a racket, by rolling it along the floor</p> <p>Throw a ball underarm and overarm; standing with one foot in front of the other, throwing arm starts behind in order to swing the arm forwards</p> <p>Throw a ball at a static target of different heights</p> <p>To know to use non-throwing arm to aim towards the target</p> <p>Follow simple rules in a basic game</p>	<p>Hit a ball with a racket over a net/barrier into a court area</p> <p>Return a ball to a partner by hitting the ball with a racket/bat</p> <p>To know what the ready position is; feet shoulder width apart, on balls of feet, racket out in front of body</p>	<p>Return a ball to a partner over the net with a racket</p> <p>To be able to use the ready position when waiting to return a ball</p> <p>Track the path of the ball, move towards the ball and hit the ball back</p> <p>Hit a ball with a racket over a net to a partner</p> <p>To be able to do an underarm serve to a partner over the net. Bounce the ball in front of the body, swing the racket low to high and hit the ball.</p> <p>Play modified games with a partner with the aim to win a point</p>	<p>Use the forehand technique with the V grip, stand side on, taking the racket behind body, swing the racket from low to high and follow through</p> <p>To be able to do an overarm tap serve, with accurate throw up above the head, prepare the racket and make contact with the ball at the correct time in order for the ball to go over the net</p> <p>Hit the ball towards a target or partner by changing the stance of the body</p> <p>Apply simple tactics in a competitive game situation</p>	<p>Use the backhand stroke technique for either the single hand or double hand</p> <p>To be able to do an over-arm serve over the net</p> <p>To lob the ball over the head of an opponent in order to score a point</p> <p>To know how to score in tennis</p>	<p>To be able to volley the ball over the net keeping the racket face pointing towards the intended direction</p> <p>To be able to do an overarm serve with power and accuracy</p> <p>Hit the ball into a space to beat an opponent by selecting the appropriate shot</p> <p>Compete in mini court tennis with scoring</p>
Key Vocabulary	<p>Ball</p> <p>Hit</p> <p>Palm of hand</p> <p>Roll</p> <p>Target</p> <p>Stop</p> <p>Rules</p>	<p>Bat</p> <p>Racket</p> <p>Underarm</p> <p>Overarm</p> <p>Aim</p>	<p>Ready position</p> <p>Receive</p> <p>Agility</p> <p>Balance</p> <p>Co-ordination</p>	<p>Flight path</p> <p>Timing</p> <p>Return</p> <p>Underarm serve</p> <p>Bounce</p> <p>Competition</p>	<p>Strokes/Ground strokes</p> <p>Forehand stroke</p> <p>Grip</p> <p>Stance</p> <p>Overarm Serve</p> <p>Tactics</p> <p>Throw up</p>	<p>Backhand stroke</p> <p>Single hand</p> <p>Double hand</p> <p>Preparation</p> <p>Timing</p> <p>Height</p> <p>Lob</p> <p>Score</p> <p>Love</p> <p>Deuce</p> <p>Point</p> <p>Volley</p>	<p>Net stroke</p> <p>Space</p> <p>Opponent</p> <p>Scoring</p> <p>Umpire</p>