

Key Concept		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Invasion Games Tag Rugby Netball Football Pop Lacrosse Hockey Handball Bench ball Dodge ball	Striking a ball	Hit a ball with the palm of the hand	Hit a ball with a bat/racket/hockey stick	Hit a ball with a bat/racket/hockey stick using the correct grip	Hit a ball with a bat/racket/hockey stick towards a target	Hit a ball with a bat/racket/hockey stick towards a target over a longer distance	Hit a ball with a bat/racket/hockey stick towards a target over a longer distance and with power standing side on	Hit a ball with a bat/racket/hockey stick towards a target over a longer distance and with power by transferring the body weight
	Throwing & catching	Roll an object with one hand towards a target	Throw underarm and overarm Throw a ball at a target of different heights To know to use non-throwing arm to aim towards the target	Throw different types of ball underarm and overarm	Throw different types of ball underarm and overarm towards a target	Throw different types of ball underarm and overarm towards a target with power	Throw different types of ball underarm and overarm towards a moving target	Throw different types of ball underarm and overarm towards a moving target to get someone out. Predict where the target will be.
	Travelling with a ball	Move a ball in different ways including kicking and bouncing	Bounce the ball whilst moving forwards and backwards	Bounce the ball away from an opponent and into a space Dribble with the ball using dominant foot	When running with the ball, in pop lacrosse, cradle the ball with both hands on the stick	In handball, run into a space with the ball (3 steps, one bounce)	Hold the rugby ball in both hands when running at speed and changing direction quickly	Hold the rugby ball in both hands when running at speed and changing direction quickly to avoid being tagged
	Passing with a ball	Kick an ball	Pass a ball to another player in a game	Know how to pass the ball to another player, depending on the game being played; kicking, throwing, rolling	Kick/pass a ball directly to a team member in a game situation	Pass the ball with the aim to shoot into a goal	Pass the ball to a player that is behind the attacking line in tag rugby	Choose and make the best pass in a game situation Pass and receive the ball on the move
	Possession				Know how to keep and win back possession of the ball in a team game	Contribute towards helping their team to keep and win back possession of the ball in a team game	Keep and win back possession of the ball effectively in a team game	Keep and win back possession effectively and in a variety of ways in a team game

	Using space	<p>Move safely around a space and equipment</p> <p>Travel forwards, backwards and sideways</p>	<p>Walk, jog and run in a designated space</p>	<p>Change speed and direction whilst running in a designated space</p> <p>Begin to use the best space in a game</p>	<p>Find a useful space and get into it to support teammates</p>	<p>Make the best use of space to pass and receive the ball</p>	<p>Time the move into a space to receive a ball without it being intercepted.</p>	<p>Time the move into a space to receive a ball without it being intercepted and to pass it on again to a team mate</p>
	Attacking & defending	<p>Play a chasing game</p>	<p>Understand the terms attacking and defending</p>	<p>Use simple attacking and defending skills in a game</p>	<p>Use a simple dodge to get away from an opponent</p>	<p>Use man on man marking to stop a player from getting the ball in a game situation</p>	<p>Know how to attack and defend in a competitive team game</p>	<p>Apply knowledge of skills for attacking and defending to a competitive game situation</p> <p>Mark a player in netball with a ball and without a ball</p>
	Tactics & rules	<p>Follow simple rules</p>	<p>Follow simple rules to play a game</p>	<p>Understand the importance of having rules in a team game</p>	<p>Apply and follow rules fairly</p> <p>To know simple tactics to score a point in a team game</p>	<p>Use a variety of tactics in a team game to stop the other team from scoring</p> <p>Use a variety of tactics in a team game to score a point</p>	<p>Follow tag rugby rules in a competitive team game</p>	<p>Follow proper rules in a competitive team game</p> <p>Use the rotation guides for bee netball</p>
Key Vocabulary	<p>Travel</p> <p>Rules</p> <p>Game</p> <p>Kick</p> <p>Ball</p> <p>Roll</p> <p>Bounce</p> <p>Hit</p> <p>Catch</p>	<p>Attacking</p> <p>Defending</p> <p>Overarm</p> <p>Underarm</p> <p>Throw</p> <p>Aim</p>	<p>Space</p> <p>Agility</p> <p>Coordination</p> <p>Teamwork</p> <p>Pass</p> <p>Grasp</p> <p>Shoot</p>	<p>Invasion</p> <p>Communication</p> <p>Cooperation</p> <p>Body position</p> <p>Rules</p> <p>Fair</p> <p>Opponent</p> <p>Dodge</p> <p>Possession</p> <p>Pop Lacrosse</p>	<p>Handball</p> <p>Man on man marking</p> <p>Tactics</p> <p>Shadowing</p> <p>Scanning</p> <p>Interception</p>	<p>Tag rugby</p> <p>Commitment</p> <p>Responsibility</p>	<p>Feint Dodge</p> <p>Competitive</p> <p>Bounce pass</p> <p>Chest pass</p> <p>Over head pass</p> <p>Pivoting</p>	