

How PSHE contributes to Personal Development and enhances Spiritual, Moral, Social and Cultural development.

Stick at it – When taking steps towards your **‘Dreams and Goals’** show resilience and understanding when things go wrong.

Work as a team – When building healthy **‘Relationships’** show tolerance towards others and know how to ask for help, tell others about any concerns or worries.

Independence – Understand that **‘Being me in My World’** means understanding your rights and responsibilities. Thinking for yourself and being responsible for the choices you make and the consequences as a result. This also includes making choices for a **‘Healthy Me’**.

Stick at it	Keep going when task is difficult	Understand that sometimes things will go wrong	Demonstrate resilience (an ability to bounce back)	Demonstrate resourcefulness (an ability to overcome barriers)	See tasks through (enjoy the satisfaction of completion)
Work as team	Work with others to achieve a goal, share your knowledge and skills	Show resilience and compassion to others at play time	Meet school expectations in play and in class	Tolerate a difference of opinion	Tell staff about your worries and concerns
Independence	Work well on your own to achieve a goal	Solve a problem by yourself by using the resources around you	Think for yourself	Demonstrate enjoyment of learning	Be responsible for your own belongings
Think Hard	Think through a task before you begin it	Reflect on task once you have finished	Learn from your mistakes	Be proud of your achievements	Keep up a good pace of learning
Citizenship	Put others before yourself	Follow the school values	Be kind and thoughtful and trustworthy	Show good manners and respect towards others	Listens and acts the ‘first time’
Hard Working	Demonstrate effort in class	Demonstrate a ‘have a go’ attitude	Continue to push yourself (even when you make mistakes)	Be focused and remain on task	Be positive (think of what you know not what you don’t know)
ON task	Listen to instructions and explanations	Contribute in class	Understand expected time frames	Want to improve	Have a determination to succeed

Discussed and voiced by pupils and staff

On task – To achieve your **‘Dreams and Goals’** you need to have determination to succeed. Know that it is important to persevere and want to improve by overcoming obstacles.

Think hard – **‘Changing Me’** Know that learning brings about change. You learn from your mistakes and to be proud your achievements. Reflecting on happy times can help you to move forward.

Hard working - continue to push yourself, even when making mistakes, and be positive to achieve your **‘Dreams and Goals’**. Have a ‘have a go attitude’ to tackle challenges that stretch learning.

Citizenship – **‘Celebrating Difference’** includes following the school values and showing good manners and respect towards others.

SMSC: Spiritual: PSHE supports spiritual development by introducing children to six units of work (puzzle pieces) that at its heart a vision that helps children understand and value how they fit into and contribute to the world whilst nurturing mental and physical health. The element of mindfulness allows children to advance their emotional awareness, concentration, focus and self-regulation. **Moral:** PSHE supports moral development by encouraging mutual respect and the consideration for others. Pupils are encouraged to show compassion and tolerance of a difference of opinion during group discussions. **Social:** PSHE supports social development by giving the children relevant learning experiences to help them navigate the world and develop positive relationships with themselves and others. **Cultural:** PSHE supports cultural development by enabling children to celebrate difference and respect others, even when they are very different from them, make different choices or have different preferences or beliefs.

Please also see our **‘Spiritual, Moral, Social and Cultural Development incorporating British Values at Pimperne Primary School’** document.