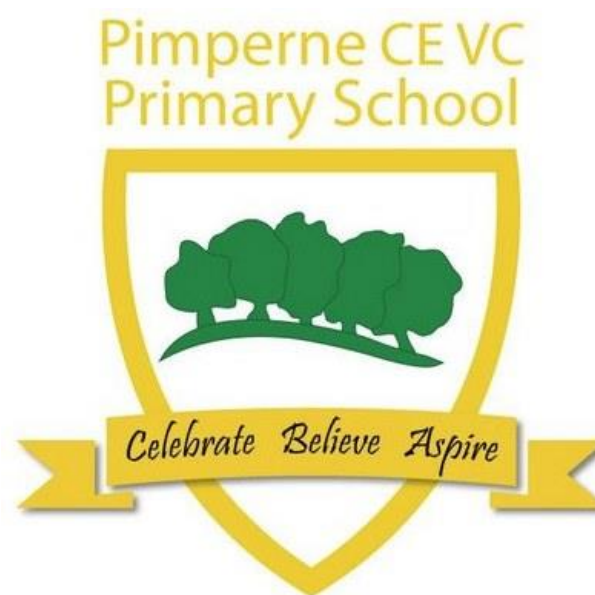


Sports Newsletter



April 2021

- **North Dorset Lockdown Challenge**
- **Tennis**
- **Coach Alex's Roundup**

- **KS 2 PE Lessons - Mrs Bemand**
- **KS 2 Dance Performance**

Welcome to the Spring term sports newsletter. Despite the limitations of Covid-19, we have still been busy in school keeping the children and staff active!

North Dorset Lockdown Challenge

The North Dorset Lockdown Leagues were an initiative by Dorset School games, to encourage inter-school competition and physical activity during the last national lockdown.

The leagues took place on a virtual platform, Koboca, which allowed each school in North Dorset to get involved. Scores were submitted each week which in turn transmitted their score into a LIVE league table.

Five events took place on a weekly basis from Monday 25th January up until Friday 5th March and featured a range of activities and challenges that could be safely performed at home with little or no equipment. The challenges that featured were; a speed bounce event, round the world, target practice, toe taps with the final event being a combination of all previous challenges timed against the clock - 'The Ultimate Warrior'.

Although each weekly competition was set up as a stand alone event, the positions each week were carried forward into a grand table which determined an overall winner at the end of the lockdown. Despite not winning the overall league, we did win the 5th and final challenge to crown us 'The Ultimate Warriors'! Well done to all the children in years 1-6 that took part.

The virtual platform turned out to be such a success that it is already planned to form a large part of the Dorset School Games MOVE IT WEEK in late June and will probably make other appearances in North Dorset throughout the Summer term.





Blandford Tennis Academy



We have been really lucky to have Simon from The Blandford Tennis Academy come into school to do some taster sessions with years 2,3 & 4.

The children have thoroughly enjoyed having a go at some racket skills and mini games.







Coach Alex's Round Up



It's been another busy term in PE for KS 1 as we welcomed everyone back in on the 8th March and with three PE sessions a week now, the children have definitely been busy! We have been mixing up sessions, playing a variety of sports and learning new skills.

On Fridays we have been using the gymnastics equipment in the hall practicing balancing, rolling, jumping, travelling and putting them all together to make a short routine that the children have loved showing to the rest of the group. Tuesdays and Wednesdays have been about hand eye and foot eye coordination games through football, kingdoms and castles, basketball and everyone favourite, angry birds!

We also had the welcome return of netball club on Tuesdays for the KS 2 children and it's been great to have new children joining and learning all about the quick paced game, as well as the older children being great role models.

Step into Sport also started back and we have been on the field playing a variety of different games, after school, with over 20 children in each club, also a massive well done to our trophy winners since we have come back.!

Have a great Easter holiday and see you for a jam packed summer term.

Alex.

KS 2 PE Lessons - Mrs Bemand



For the first half term, Key Stage 2 children, had a gymnastics lesson and fitness lesson each week. These were the same for all children (those at school or home learning). On several occasions we were able to link up and do live Fitness bingo lessons. It was great fun seeing children exercising at home and in school altogether.

When all the children returned to school, our main focus has been on having fun through 'moving to music', exploring Pop Lacrosse and hockey. Pop lacrosse has been a great hit as it has been a new sport for all the children.































Key Stage 2 Dance

Since returning to school after lockdown, years 3, 4, 5, & 6 have been doing 'moving to music' in PE. Children have been having a go at becoming rockstars, mime artists, freestyle dancers and learnt a 'Kids Bop' routine which they performed to the lower school on the last day of term.



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House Keeping

PE Kit

- Navy blue t-shirt with school name on the back (available from the school office).
- Dark blue or black shorts.
- Plimsolls and/or trainers.
- Navy blue/black tracksuit when cold including jogging bottoms and a warm sweatshirt

Hair tied up

We ask children not to wear jewellery in school. If children have pierced ears then plain stud earrings are required. Children should be able to remove earrings independently for PE sessions. If they are not able to do this, then earrings should not be worn on PE days.

We hope you have a wonderful Easter break and we look forward to an exciting Summer term!

